Education & Outreach ~ Safety Work Program ~ Industrial Health & Safety
 Jan - March 2024

Operation Spring *into* Safety



The Florida Department of Transportation District One is partnering with the Lee County Sheriff's Office for Southwest Florida's largest Touch-A-Truck event - Operation Spring into Safety at the Hertz Arena in Estero.

With more than 50 vehicles, this event offers children of all ages the opportunity to climb and explore massive machines and vehicles used to build roads and bridges or respond to emergency situations.

The event will also showcase resources such as Target Zero, Work Zone Safety, Safety Work Projects, Safe Kids, Florida Safe Teen Driver, Florida Highway Safety & Motor Vehicles, RideSMART Florida, and much more. Some of the displays include:

- Helicopter
- Ambulance
- Fire Truck
- Crash Test Dummies
- Mobile Library
- Concrete Mixer Truck
- Dump Truck
- Long-Line Paint Truck
- Traffic Signal Bucket Truck

Safe Mobility for Life CAR FIT EVENT

The Safe Mobility for Life Coalition in Florida, in partnership with FDOT District One Safety and the CarFit Florida Program, conducted a CarFit education and Resource Fair in LaBelle on January 24th. The location of the event was determined by data compilated by FDOT Central Office Highway Safety Matrices. Hendry County ranked in the top 35% of the state's serious injuries and fatalities among aging road users (Drivers 65+).

The event, which was held at the LaBelle Civic Center, offered a variety of resources for older drivers, including driver education safety education, health and wellness resources, transportation information, and more. Drivers could sign up for a free CarFit checkup which consists of safety education on in-vehicle safety features, explaining how they work and how to find the safest adjustments, if needed. The 12-point check determines how well their personal vehicle "fits" them. The checkup is performed by trained technicians and often, an occupational therapist.

CarFit Florida is community-based educational program that promotes continued safe driving and mobility among older drivers by focusing attention on safety, comfort, and fit. A proper fit in one's personal vehicle can greatly increase not only the driver's safety but also the safety of others.



Volunteers attending the CarFit Technician Training. Training for new CarFit Technicians was held on Jan. 23rd.

HELMET FITTING CERTIFICATION CLASS



Volunteers attended Helmet Fitting Certification Class held at the District One Headquarters in Bartow on Jan. 16th. Volunteers learned the steps to ensure the proper fit of a bike helmet and practiced fitting helmets on each other.

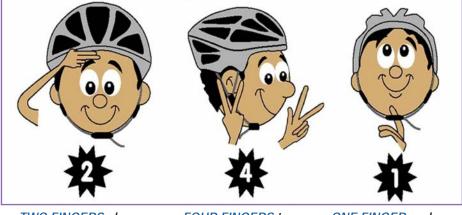
Helmets come in various sizes which also vary between manufacturers. Helmet Fitters help ensure the helmet fits properly. The helmet should fit snug amd sit level on the head. If a child falls off their bike - whether it's moving or still -- and hits their head, a helmet can reduce the risk of concussion.

• Look for the U.S. Consumer Product Safety Commission (CPSC) sticker for safety.

• Always buy a new helmet. You may not know the history of a used helmet. Helmets are designed to work in only one crash, after which they should always be replaced.

Certified helmet fitters are critical during bike helmet fitting events that are held throughout the District. While everyone is encouraged to wear a helmet, children under the age of 16 are required to wear a bike helmet in Florida. One of the easiest and most effective ways to reduce the risk of a head injury is with a helmet. The biggest misconception about helmets is that the are not necessary, especially if the kids are riding their bikes close to home or in their driveway.

Follow the 2-4-1 Rule



TWO FINGERS above your eyebrow to the bottom of your helmet. FOUR FINGERS to make a V-shape around the bottom of your ears.

ONE FINGER under the strap beneath your chin. Our target is zero fatalities and serious injuries, because no other number is acceptable.

CALOOSAHATCHEE BRIDGE OFFICE Construction Open House - Fort Myers

E lorida Department of Transportation District One hosted an open house on March 13 to present the designed improvements to US 41 over the Caloosahatchee Bridge in Fort Myers. The project will improve pedestrian safety by modifying the existing bridge to accommodate an eight-foot sidewalk and new lighting.

Key members of the project team were on hand to answer questions about the project and discuss alternative routes throughout the construction phase.

Members of District One Traffic Safety Outreach & Education Team talked with attendees about a variety of safety topics, including pedestrian and bicyclist safety, and promoted our Target Zero initiative.











ENGLEWOOD WORKSHOP

Community Workshop to Brainstorm Ideas to Improve Safety



District One Safety Administrator Keith Robbins, members from the Safety Work Team, and Project Manager, Chris Speese met with the Englewood Chamber of Commerce on February 27 to discuss safety concerns along SR 776 in Englewood.

With an increased volume of traffic due to the popularity of this small beach town, there has been an increase in crashes.

The workshop, which was held at the Chamber of Commerce, was designed to encourage open dialogue among the different business owners and residents to discuss different options for improving safety for all road users along the corridor.



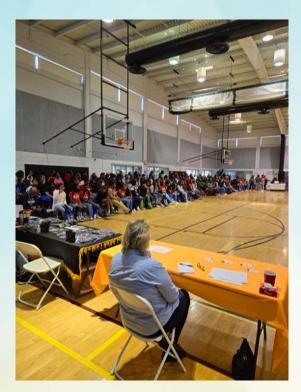






Representing FDOT District one were:

Keith Robbins, PhD Amara DeCicco Chris Speese John Kubicki Tim Horst Edie Rosenthal



Members of the FDOT Legal Department participated in the local Polk County Historically Black Colleges and Universities (HBCUs) Jump Off Event on Saturday, February 24, at the Simpson Park Community Center, located at 1725 Martin L King Jr Ave, Lakeland, FL.

This is a college fair event that is geared toward local middle and high school children, to meet with college recruiters, and guide them on the path to higher education.

The Outreach and Education Team provided safetyrelated educational materials for volunteers Ken Hadley, FDOT D1 Assistant General Counsel, and Shontelle English Jones, FDOT D1 Senior Attorney, to distribute during the event.

The celebration takes place during Black History Month, providing a platform for engagement, scholarship opportunities, and acceptance letters for Polk County students. It's a fantastic opportunity for young scholars to explore educational pathways and connect with HBCU representatives.

Historically Black College & Universities JUMP OFF







SLOW DOWN, POLK COUNTY!

District One Safety partnered with Polk County Sheriff Grady Judd to create a safety campaign to encourage drivers to slow down as part of an Aggressive Driving Awareness Campaign.

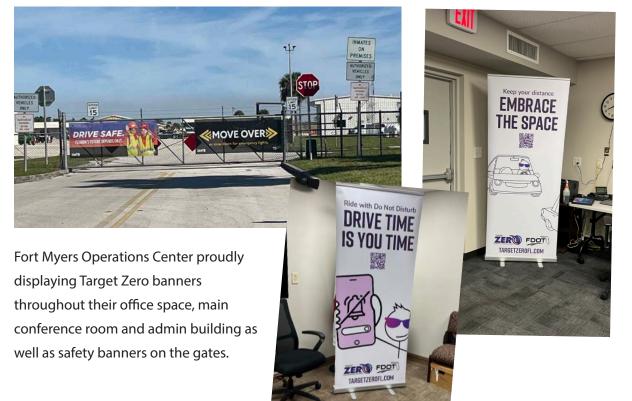
The public service announcement (PSA) video, which was produced last year as a result of a long-standing partnership with the Polk County Sheriff's Office, will reach Polk County drivers using geofencing technology to deliver the message.

The video message can also be seen on gas station pumps at more than 60 locations throughout Polk County.



"Speeding and aggressive driving are the leading causes of crashes in Florida", says Sheriff Grady Judd.

Safety Messages on Display





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Apr	National Di	stracted D	Priving Awareness Month
-8	Distracted Driving Awareness - U Drive. U test. U Pay.	11 13	Highlands County CTST Meeting Operation Spring into Safety - Hertz Arena, Estero, FL
	Pay Attention or Pay the Price.	15 -19	National Work Zone Awareness Week
2	Heartland TIM Team Meeting	15-17	Manatee/Sarasota County CTST Meeting
8-4	Safe Mobility for Life Coalition Meeting	10	Hardee County CTST Meeting
	(Tallahassee)	17	DeSoto County CTST Meeting
8	Polk County CTST Meeting	20	Drug-Impaired Driving Awareness -
ļ	Heartland TIM Team Meeting	20	If You Feel Different, You Drive Different
ļ	Glades County CTST Meeting	22.24	Elorida's Dedostrian & Disycla Safety Coalition

- Glades County CTST Meeting23-24Florida's Pedestrian & Bicycle Safety Coalition
Meeting (Tampa)Sarasota-Manatee TIM Team Meeting24Lee County CTST MeetingCollier-Lee-Charlotte TIM Team Meeting25Collier County CTST Meeting
- 11 Polk County TIM Team Meeting

May National Youth Traffic Safety Month / National Bicycle Safety Month / Motorcycle Safety Awareness Month

1-31 National Youth Traffic Safety Month 1-31 National Motorcycle Safety Awareness Month 1-31 National Bicycle Safety Month National Heatstroke Prevention Day 1 1 Polk County CTST Meeting 1-2 Motorcycle Safety Coalition Meeting (Tampa) 2 Glades County CTST Meeting 2 Hendry County CTST Meeting 3 National Bike to School Day 9-10 Florida Impaired Driving Coalition

Meeting (Orlando)

- Hardee County CTST Meeting
 DeSoto County CTST Meeting
 Florida Occupant Protection Coalition Meeting (Gainesville)
 Bike to School Day
 Manatee/Sarasota County CTST Mtg
- 22 Lee County CTST Meeting
- 22 Charlotte County CTST Meeting
- 23 Collier County CTST Meeting

June National Safety Month

2-8	National Trailer Safety Week	18	Manatee/Sarasota County CTST Mtg
5	Polk County CTST Meeting	19	Hardee County CTST Meeting
6	Glades County CTST Meeting	19	DeSoto County CTST Meeting
6	Hendry County CTST Meeting	21	Traffic Records Coordinating Committee
11	Sarasota-Manatee TIM Team Meeting		Meeting (Tallahassee)
11	National Ride to Work Day	26	Lee County CTST Meeting
12	Collier-Lee-Charlotte TIM Team Meeting	27	Collier County CTST Meeting
13	Okeechobee County CTST Meeting	27-28	Florida Teen Safe Driver Coalition
13	Highlands County CTST Meeting		Meeting (Orlando)